

# LENT 2021 @ HOME: YOUR DOMESTIC CHURCH

Start @ the Website – The Faith Formation section of the parish website will have resources including:

- Short Lent Video (separate video for children, middle school, and parents)
- Stations of the Cross Sign-Up
- Videos - Mass Readings: Animated (children) & Reflections (middle school)

## In Your Lent Packet:

- Blessed Ashes (if picked up 2/16 or after)
- Ash Wednesday Prayer Service
- Purple cloth
- Lenten art print
- Saints Paper Chain Activity
- Lent Calendars

## What You Need:

- 2 twigs/sticks (one shorter, one longer)
- String
- Scissors
- Glue/Tape
- Holy Water Font (from September)
- A Bible, statue of Joseph or Mary, rosary, etc.

1. **Ash Wednesday** – Livestream or do the prayer service at home. If you received the blessed ashes after Ash Wednesday, you can still do the prayer service to mark the beginning of the Lenten season. Please follow the instructions on the bag to properly dispose of any remaining blessed ashes.

## 2. Create A Lenten Prayer Space in Your Home: Your Domestic Church!



- **Cross** – Find 2 twigs/sticks to make a cross (one shorter, one longer). Wrap string in a crisscross pattern to secure the sticks together. You can put it flat onto your prayer space, or stand it up in a jar filled with sand or marbles, etc.
- Create your Lenten prayer space with your cross, your Holy Water font, the purple cloth, Lenten art print, a Bible, statue of Joseph or Mary, a rosary, etc.
- Keep your Saints paper chain activity at your prayer space as well.
- Color each day on the children's Lent calendar as we journey to Easter!
- Send a picture to [caquino@stpaulrcchurch.org](mailto:caquino@stpaulrcchurch.org)

## 3. Saints Paper Chain Activity

- **40+ Saints** – Every day during Lent, cut out one strip from the Saints activity packet and learn about a Saint. Coloring is optional, and Middle Schoolers can just put the strips in a container or a pile instead of making the paper chain. Google the Saint if you want more info on them! Glue/tape the paper chain links together until Easter Sunday. There will be more than 40 Saints because we don't count Sundays in the 40 Days of Lent.
- **Pray** – Then spend 5 minutes as a family praying in front of your Lenten prayer space: Our Father, Hail Mary, Glory Be, personal prayer intentions, etc.

4. **Hallow Audio Prayer App** – All families will receive a free subscription to the app through Easter Sunday (April 4). Perfect for praying in the car, when you only have 5 minutes, and more! Instructions for free subscription on parish Lent webpage. Code: stpaulnj

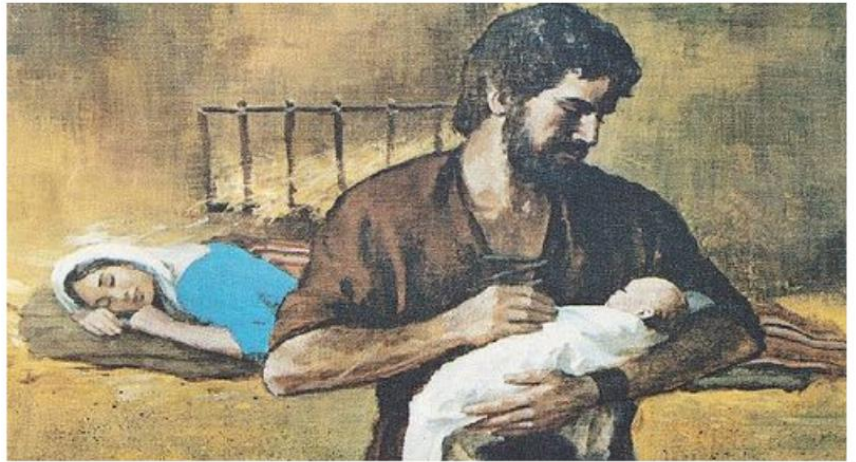
5. **Mass** – Whether in person or livestream, make a commitment to celebrate Mass every Sunday during Lent. It's all ready for you: all of the livestreams are archived for you to watch anytime on the St. Paul public Facebook page (you don't need an account), and you can get the link from the website (About → Virtual Church). Will we prioritize God? He's always waiting for us.

# FASTING leads to GIVING

POPE FRANCIS  
declares

**Year of  
St. Joseph**

12/8/2020 - 12/8/2021



St. Joseph is never quoted in the Bible.

We only hear of his actions.

He loved, protected, and provided for Mary & Jesus.

Let us follow St. Joseph's example  
and support the moms & children at Mercy House in NJ.

**FAITH leads to ACTION. FASTING leads to GIVING.**



**Offering support to  
anyone in need.**

**LOVE** requires **SACRIFICE**

1 coffee = 1 box of shelf milk  
1 Chick-Fil-A meal = 3 packs of baby wipes  
\$40-\$75 takeout = 2-3 boxes of diapers

**What will you give (up)?**

- Decide as a family what you will sacrifice.
- Plan how you will keep track: Jar on your prayer table? Notepad?
- Buy the suggested items: shelf milk, baby wipes, diapers (especially sizes 4 & 5)
- Drop off at Parish Center carport by Wednesday, April 7.